

A note on higher dimensional p -variation *

Peter Friz Nicolas Victoir

Abstract

We discuss p -variation regularity of real-valued functions defined on $[0, T]^2$, based on rectangular increments. When $p > 1$, there are two slightly different notions of p -variation; both of which are useful in the context of Gaussian rough paths. Unfortunately, these concepts were blurred in previous works [2, 3]; the purpose of this note is to show that the afore-mentioned notions of p -variations are " ε -close". In particular, all arguments relevant for Gaussian rough paths go through with minor notational changes.

Key words: higher dimensional p -variation, Gaussian rough paths.

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1 Higher-dimensional p -variation

Let $T > 0$ and $\Delta_T = \{(s, t) : 0 \leq s \leq t \leq T\}$. We shall regard $((a, b), (c, d)) \in \Delta_T \times \Delta_T$ as (closed) **rectangle** $A \subset [0, T]^2$;

$$A := \begin{pmatrix} a, b \\ c, d \end{pmatrix} := [a, b] \times [c, d];$$

if $a = b$ or $c = d$ we call A degenerate. Two rectangles are called **essentially disjoint** if their intersection is empty or degenerate. A **partition** Π of a rectangle $R \subset [0, T]^2$ is then a finite set of essentially disjoint rectangles, whose union is R ; the family of all such partitions is denoted by $\mathcal{P}(R)$. Recall that **rectangular increments** of a function $f : [0, T]^2 \rightarrow \mathbb{R}$ are defined in terms of f evaluated at the four corner points of A ,

$$f(A) := f \begin{pmatrix} a, b \\ c, d \end{pmatrix} := f \begin{pmatrix} b \\ d \end{pmatrix} - f \begin{pmatrix} a \\ d \end{pmatrix} - f \begin{pmatrix} b \\ c \end{pmatrix} + f \begin{pmatrix} a \\ c \end{pmatrix}.$$

Let us also say that a **dissection** D of an interval $[a, b] \subset [0, T]$ is of the form $D = (a = t_0 \leq t_1 \leq \dots \leq t_n = b)$; we write $\mathcal{D}([a, b])$ for the family of all such dissections.

Definition 1. Let $p \in [1, \infty)$. A function $f : [0, T]^2 \rightarrow \mathbb{R}$ has **finite p -variation** if

$$V_p(f; [s, t] \times [u, v]) := \left(\sup_{\substack{D=(t_i) \in \mathcal{D}([s, t]) \\ D'=(t'_j) \in \mathcal{D}([u, v])}} \sum_{i,j} \left| f \begin{pmatrix} t_i, t_{i+1} \\ t'_j, t'_{j+1} \end{pmatrix} \right|^p \right)^{\frac{1}{p}} < \infty;$$

it has **finite controlled p -variation**¹ if

$$|f|_{p\text{-var}; [s, t] \times [u, v]} := \sup_{\Pi \in \mathcal{D}([s, t] \times [u, v])} \left(\sum_{A \in \Pi} |f(A)|^p \right)^{1/p} < \infty.$$

The difference is that in the first definition (i.e. of V_p) the sup is taken over **grid-like partitions**,

$$\left\{ \begin{pmatrix} t_i, t_{i+1} \\ t'_j, t'_{j+1} \end{pmatrix} : 1 \leq i \leq n, 1 \leq j \leq m \right\},$$

based on D, D' where $D = (t_i : 1 \leq i \leq n) \in \mathcal{D}([s, t])$ and $D' = (t'_j : 1 \leq j \leq m) \in \mathcal{D}([u, v])$. Clearly, not every partition is grid-like (consider e.g. $[0, 2]^2 = [0, 1]^2 \cup [1, 2] \times [0, 1] \cup [0, 2] \times [1, 2]$) hence

$$V_p(f; R) \leq |f|_{p\text{-var}; R}.$$

for every rectangle $R \subset [0, T]^2$.

¹Our main theorem below will justify this terminology.

Definition 2. A map $\omega : \Delta_T \times \Delta_T \rightarrow [0, \infty)$ is called **2D control** if it is continuous, zero on degenerate rectangles, and **super-additive** in the sense that, for all rectangles $R \subset [0, T]$,

$$\sum_{i=1}^n \omega(R_i) \leq \omega(R), \text{ whenever } \{R_i : 1 \leq i \leq n\} \in \mathcal{P}(R).$$

Our result is

Theorem 1. (i) For any function $f : [0, T]^2 \rightarrow \mathbb{R}$ and any rectangle $R \subset [0, T]$,

$$|f|_{1\text{-var};R} = V_1(f; R). \tag{1.1}$$

(ii) Let $p \in [1, \infty)$ and $\varepsilon > 0$. There exists a constant $c = c(p, \varepsilon) \geq 1$ such that, for any function $f : [0, T]^2 \rightarrow \mathbb{R}$ and any rectangle $R \subset [0, T]$,

$$\frac{1}{c(p, \varepsilon)} |f|_{(p+\varepsilon)\text{-var};R} \leq V_p(f; R) \leq |f|_{p\text{-var};R}. \tag{1.2}$$

(iii) If $f : [0, T]^2 \rightarrow \mathbb{R}$ is of finite controlled p -variation, then $R \mapsto |f|_{p\text{-var};R}^p$ is super-additive.

(iv) If $f : [0, T]^2 \rightarrow \mathbb{R}$ is continuous and of finite controlled p -variation, then $R \mapsto |f|_{p\text{-var};R}^p$ is a 2D control. Thus, in particular, there exists a 2D control ω such that

$$\forall \text{ rectangles } R \subset [0, T] : |f(R)|^p \leq \omega(R)$$

As will be seen explicitly in the following example, there exist functions f which are of finite p -variation but of infinite controlled p -variation; that is,

$$V_p(f; [0, T]^2) < |f|_{p\text{-var};[0, T]^2} = +\infty$$

which also shows that one cannot take $\varepsilon = 0$ in (1.2). In the same example we see that p -variation $R \mapsto V_p(f; R)^p$ can fail to be super-additive².

Example 1 (Finite $(1/2H)$ -variation of fBM covariance, $H \in (0, 1/2]$). Let β^H denote fractional Brownian motion with Hurst parameter H ; its covariance is given by

$$C^H(s, t) := \mathbb{E}(\beta_s^H \beta_t^H) := \frac{1}{2} (t^{2H} + s^{2H} - |t - s|^{2H}), \quad s, t \in [0, T]^2, \quad H \in (0, 1/2].$$

We show that C^H has finite $1/(2H)$ -variation in 2D sense³ and more precisely,

$$V_{1/(2H)}(C^H; [s, t]^2) \leq c_H |t - s|^{2H}, \quad \text{for every } s \leq t \text{ in } [0, T].$$

²... in contrast to controlled p -variation $R \mapsto |f|_{p\text{-var};R}^p$ which yields a 2D control, cf part (iv) of the theorem.

³This is a minor modification of the argument in [3] where it was assumed that $D = D'$.

(By fractional scaling it would suffice to consider $[s, t] = [0, 1]$ but this does not simplify the argument which follows). Consider $D = (t_i), D' = (t'_j) \in \mathcal{D}[s, t]$. Clearly⁴,

$$3^{1-\frac{1}{2H}} \sum_j \left| E \left[\beta_{t_i, t_{i+1}}^H \beta_{t'_j, t'_{j+1}}^H \right] \right|^{\frac{1}{2H}} \leq 3^{1-\frac{1}{2H}} \left| E \left[\beta_{t_i, t_{i+1}}^H \beta_{\cdot}^H \right] \right|^{\frac{1}{2H}}_{\frac{1}{2H}\text{-var}; [s, t]}$$

$$\leq \left| E \left[\beta_{t_i, t_{i+1}}^H \beta_{\cdot}^H \right] \right|^{\frac{1}{2H}}_{\frac{1}{2H}\text{-var}; [s, t_i]} \quad (1.3)$$

$$+ \left| E \left[\beta_{t_i, t_{i+1}}^H \beta_{\cdot}^H \right] \right|^{\frac{1}{2H}}_{\frac{1}{2H}\text{-var}; [t_i, t_{i+1}]} \quad (1.4)$$

$$+ \left| E \left[\beta_{t_i, t_{i+1}}^H \beta_{\cdot}^H \right] \right|^{\frac{1}{2H}}_{\frac{1}{2H}\text{-var}; [t_{i+1}, t]}, \quad (1.5)$$

by super-additivity of (1D!) controls. The middle term (1.4) is estimated by

$$\left| E \left[\beta_{t_i, t_{i+1}}^H \beta_{\cdot}^H \right] \right|^{\frac{1}{2H}}_{\frac{1}{2H}\text{-var}; [t_i, t_{i+1}]} = \sup_{(s_k) \in \mathcal{D}[t_i, t_{i+1}]} \sum_k \left| E \left[\beta_{t_i, t_{i+1}}^H \beta_{s_k, s_{k+1}}^H \right] \right|^{\frac{1}{2H}}$$

$$\leq c_H |t_{i+1} - t_i|,$$

where we used that $[s_k, s_{k+1}] \subset [t_i, t_{i+1}]$ implies $\left| E \left[\beta_{t_i, t_{i+1}}^H \beta_{s_k, s_{k+1}}^H \right] \right| \leq c_H |s_{k+1} - s_k|^{2H}$. The first term (1.3) and the last term (1.5) are estimated by exploiting the fact that disjoint increments of fractional Brownian motion have negative correlation when $H < 1/2$ (resp. zero correlation in the Brownian case, $H = 1/2$); that is, $E \left(\beta_{c,d}^H \beta_{a,b}^H \right) \leq 0$ whenever $a \leq b \leq c \leq d$. We can thus estimate (1.3) as follows;

$$\left| E \left[\beta_{t_i, t_{i+1}}^H \beta_{\cdot}^H \right] \right|^{\frac{1}{2H}}_{\frac{1}{2H}\text{-var}; [s, t_i]} = \left| E \left[\beta_{t_i, t_{i+1}}^H \beta_{s, t_i}^H \right] \right|^{\frac{1}{2H}}$$

$$\leq 2^{\frac{1}{2H}-1} \left(\left| E \left[\beta_{t_i, t_{i+1}}^H \beta_{s, t_i}^H \right] \right|^{\frac{1}{2H}} + E \left[\left| \beta_{t_i, t_{i+1}}^H \right|^2 \right]^{\frac{1}{2H}} \right).$$

The covariance of fractional Brownian motion gives immediately $E \left[\left| \beta_{t_i, t_{i+1}}^H \right|^2 \right]^{\frac{1}{2H}} = c_H (t_{i+1} - t_i)$. On

the other hand, $[t_i, t_{i+1}] \subset [s, t_{i+1}]$ implies $\left| E \left[\beta_{t_i, t_{i+1}}^H \beta_{s, t_i}^H \right] \right|^{\frac{1}{2H}} \leq c_H |t_{i+1} - t_i|$; hence

$$\left| E \left[\beta_{t_i, t_{i+1}}^H \beta_{\cdot}^H \right] \right|^{\frac{1}{2H}}_{\frac{1}{2H}\text{-var}; [s, t_i]} \leq c_H |t_{i+1} - t_i|.$$

As already remarked, the last term is estimated similarly. It only remains to sum up and to take the supremum over all dissections D and D' .

Example 2 (Failure of super-additivity of $(1/2H)$ -variation, infinite controlled $(1/2H)$ -variation of fBM covariance, $H \in (0, 1/2)$). We saw above that

$$V_{1/(2H)} \left(C^H; [0, T]^2 \right) < \infty.$$

⁴We write $\beta_{a,b}^H \equiv \beta_b^H - \beta_a^H$.

When $H = 1/2$ we deal with Brownian motion and see that its covariance has finite 1-variation, which, by (i),(iv) of Theorem 1, constitutes a 2D control for $C^{1/2}$. In contrast, we claim that, for $H < 1/2$, there does not exist a 2D control for the $1/(2H)$ -variation of C^H . In fact, the sheer existence of a super-additive map ω (in the sense of definition 2) such that

$$\forall \text{ rectangles } R \subset [0, T] : |C^H(R)|^{1/(2H)} \leq \omega(R)$$

leads to a contradiction as follows: assume that such a ω exists. By super-additivity,

$$\bar{\omega}(R) := |C^H|_{1/(2H)\text{-var};R}^{1/(2H)} \leq \omega(R) < \infty$$

and $\bar{\omega}$ is super-additive (in fact, a 2D control) thanks to part (iv) of the theorem. On the other hand, by fractional scaling there exists C such that

$$\forall (s, t) \in \Delta_T : \bar{\omega}([s, t]^2) = C |t - s|.$$

Let us consider the case $T = 2$ and the partition

$$[0, 2]^2 = [0, 1]^2 \cup [1, 2]^2 \cup R \cup R'$$

with $R = [0, 1] \times [1, 2]$, $R' = [1, 2] \times [0, 1]$. Super-additivity of $\bar{\omega}$ gives

$$\begin{aligned} \bar{\omega}([0, 1]^2) + \bar{\omega}([1, 2]^2) + \bar{\omega}(R) + \bar{\omega}(R') &\leq \bar{\omega}([0, 2]^2), \\ C(1 - 0) + C(2 - 1) + \bar{\omega}(R) + \bar{\omega}(R') &\leq 2C, \end{aligned}$$

hence $\bar{\omega}(R) = \bar{\omega}(R') = 0$, and thus also

$$C^H(R) = \mathbb{E} \left[(B_1^H - B_0^H) (B_2^H - B_1^H) \right] = 0;$$

which is false for $H \neq 1/2$ and hence the desired contradiction. En passant, we see that we must have

$$|C^H|_{1/(2H)\text{-var};[0,T]^2} = +\infty;$$

for otherwise part (iv) of Theorem 1 would yield a 2D control for the $1/(2H)$ -variation of C^H . This also shows that, with $f = C^H$ and $p = 1/(2H)$ one has

$$V_p(f; [0, T]^2) < |f|_{p\text{-var};[0,T]^2} = +\infty.$$

Remark 1. The previous examples clearly show the need for Theorem 1; variational regularity of C^H can be controlled upon considering $[(1/2H) + \varepsilon]$ -variation rather than $1/(2H)$ -variation. In applications, this distinction never matters. Existence for Gaussian rough paths for instance, requires $1/(2H) < 2$ and one can always insert a small enough ε . It should also be point out that, by fractional scaling,

$$|C^H|_{[1/(2H)+\varepsilon]\text{-var};[s,t]^2} \propto |t - s|^{2H};$$

hence, even in estimates that involve directly that variational regularity of C^H , no ε loss is felt.

Remark 2. The previous examples dealt with $H \leq 1/2$ and reader may wonder about the case $H > 1/2$. In this case $1/(2H) < 1$ and clearly the (non-trivial) covariance function of fBM with Hurst parameter H will not be of finite $1/(2H)$ -variation. Indeed, any continuous function $f : [0, T]^2 \rightarrow \mathbb{R}$, with $f(0, \cdot) \equiv f(\cdot, 0) \equiv 0$, and finite p -variation for $p \in (0, 1)$, is necessarily constant (and then equal to zero).

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2 Proof of (i)

We claim the *controlled* 1-variation is exactly equal to its 1-variation. More precisely, for all rectangles $R \subset [0, T]^2$ we have

$$|f|_{1\text{-var};R} = V_1(f;R).$$

Proof. Trivially $V_1(f;R) \leq |f|_{1\text{-var};R}$. For the other inequality, assume Π is a partition of R . It is obvious that one can find a grid-like partition $\tilde{\Pi}$, based on $D \times D'$, for sufficiently fine dissections D, D' , which **refines** Π in the sense that every $A \in \Pi$ can be expressed as

$$A = \cup_i A_i \text{ (essentially disjoint), } A_i \in \tilde{\Pi}.$$

From the very definition of rectangular increments, we have $f(A) = \sum_i f(A_i)$ and it follows that $|f(A)| \leq \sum_i |f(A_i)|$. (If $|\cdot|$ is replaced by $|\cdot|^p$, $p > 1$, this estimate is false.⁵) Hence

$$\sum_{A \in \Pi} |f(A)| \leq \sum_{A \in \tilde{\Pi}} |f(A)| \leq |f|_{1\text{-var};R}.$$

It now suffices to take the supremum over all such Π to see that $|f|_{1\text{-var};R} \leq V_1(f;R)$. □

3 Proof of (ii)

The second inequality $V_p(f;R) \leq |f|_{p\text{-var};R}$ is trivial. Furthermore, if $V_p(f;R) = +\infty$ there is nothing to show so we may assume $V_p(f;R) < +\infty$. We claim that, for all rectangle $R \subset [0, T]^2$,

$$|f|_{p+\varepsilon\text{-var};R} \leq c(p, \varepsilon) V_p(f;R).$$

For the proof we note first that there is no loss in generality in taking $R = [0, T]^2$; an affine reparametrization of each axis will transform R into $[0, T]^2$, while leaving all rectangular increments invariant. The plan is to show, for an arbitrary partition $(Q_k) \in \mathcal{P}([0, T]^2)$, the estimate

$$\left(\sum_k |f(Q_k)|^{p+\varepsilon} \right)^{\frac{1}{p+\varepsilon}} \leq c(p, \varepsilon) V_p(f; [0, T]^2).$$

where c depends only on p, ε for any partition $(Q_k) \in \mathcal{P}([0, T]^2)$. The key observation is that for a suitable choice of $y, x, D = (t_i), D' = (t'_j)$ we have

$$\begin{aligned} \sum_k |f(Q_k)|^{p+\varepsilon} &= \sum_k |f(Q_k)|^{p+\varepsilon-1} \operatorname{sgn}(f(Q_k)) f(Q_k) \\ &= \sum_i \sum_j y \left(\begin{matrix} t_i \\ t'_j \end{matrix} \right) x \left(\begin{matrix} t_{i-1}, t_i \\ t'_{j-1}, t'_j \end{matrix} \right) \\ &= : \int_{D \times D'} y dx. \end{aligned} \tag{3.1}$$

⁵One has $|\sum_{i=1}^m a_i|^p \leq |\sum_{i=1}^m |a_i||^p \leq m^{p-1} (\sum_{i=1}^m |a_i|^p)$ and this is sharp as seen by taking $a_i \equiv 1$.

Indeed, we may take (as in the proof of part (i)) sufficiently fine dissections $D = (t_i), D' = (t'_j) \in \mathcal{D} [0, T]$ such that the grid-like partition based on $D \times D'$ refines (Q_k) ; followed by setting⁶

$$\begin{aligned} x & : = f \\ y & : = \sum_k |f(Q_k)|^{p-1+\varepsilon} \operatorname{sgn}(f(Q_k)) \mathbb{I}_{\hat{Q}_k} \end{aligned}$$

where \hat{Q}_k is the of the form $(a, b] \times (c, d]$ whenever $Q_k = [a, b] \times [c, d]$. Lemma 1 below, applied with $p + \varepsilon$ instead of p , says

$$V_q(y; [0, T]^2) \leq 4 \left| \sum_k |x(Q_k)|^{p+\varepsilon} \right|^{\frac{1}{q}}$$

where $q := 1 / (1 - 1 / (p + \varepsilon))$ denotes the Hölder conjugate of $p + \varepsilon$. Since

$$\frac{1}{p} + \frac{1}{q} = 1 + \left(\frac{1}{p} - \frac{1}{p + \varepsilon} \right) > 1,$$

noting also that $y(0, \cdot) = y(\cdot, 0) = 0$, we can use **Young-Towghi's maximal inequality** [4, Thm 2.1.], included for the reader's convenience as Theorem 3 in the appendix, to obtain the estimate

$$\begin{aligned} \sum_k |f(Q_k)|^{p+\varepsilon} & \leq c(p, \varepsilon) V_q(y; [0, T]^2) V_p(x; [0, T]^2) \\ & \leq 4c(p, \varepsilon) \left| \sum_k |x(Q_k)|^{p+\varepsilon} \right|^{\frac{1}{q}} V_p(x; [0, T]^2) \end{aligned}$$

Since $1 - \frac{1}{q} = \frac{1}{p+\varepsilon}$ and $x = f$ we see that

$$\left(\sum_k |f(Q_k)|^{p+\varepsilon} \right)^{\frac{1}{p+\varepsilon}} \leq 4c(p, \varepsilon) V_p(f; [0, T]^2)$$

and conclude by taking the supremum over all partitions $(Q_k) \in \mathcal{D}([0, T]^2)$.

Lemma 1. Fix $p \geq 1$ and write p' for the Hölder conjugate i.e. $1/p' + 1/p = 1$. Let $(Q_j) \in \mathcal{D}([0, T]^2)$ and $y = \sum_j |x(Q_j)|^{p-1} \operatorname{sgn}(x(Q_j)) \mathbb{I}_{\hat{Q}_j}$. Then

$$V_{p'}(y, [0, T]^2) \leq |y|_{p'\text{-var}; [0, T]^2} \leq 4 \left(\sum_i |x(Q_i)|^p \right)^{1/p'}.$$

⁶The "right-closed" form of \hat{Q}_k in the definition of y is tied to our definition of $\int_{D \times D'} y dx$ which imposes "right-end-point-evaluation" of y . Recall also that Q_k is really a point in $((a, b), (c, d)) \in \Delta_T \times \Delta_T$; viewing it as closed rectangle is pure convention.

Proof. Only the second inequality requires a proof. By definition, (Q_j) forms a partition of $[0, T]^2$ into essentially disjoint rectangles and we note that $y(., 0) = y(0, .) = 0$. Consider now another partition $(R_i) \in \mathcal{P}([0, T]^2)$. The rectangular increments of y over R_i spells out as "+ - - + sum" of y evaluated at the corner points of R_i . Recall that on each set \hat{Q}_j the function y takes the constant value

$$c_j := \left| x(Q_j) \right|^{p-1} \operatorname{sgn}(x(Q_j)).$$

Since the corner points of R_i are elements of $Q_{j_1} \cup Q_{j_2} \cup Q_{j_3} \cup Q_{j_4}$ for suitable (not necessarily distinct) indices j_1, \dots, j_4 we clearly have the (crude) estimate

$$|y(R_i)| \leq \sum_{j \in \{j_1, j_2, j_3, j_4\}} |c_j| \quad (3.2)$$

and, trivially, any $j \notin \{j_1, j_2, j_3, j_4\}$ is not required in estimating $|y(R_i)|$. Let us distinguish a few cases where we can do better than in 3.2.

Case 1: There exists j such that all four corner points of R_i are elements of Q_j (equivalently: $\exists j : R_i \subset \hat{Q}_j$). In this case

$$y(R_i) = c_j - c_j - c_j + c_j = 0.$$

In particular, such an index j is not required to estimate $|y(R_i)|$.

Case 2: There exists j such that precisely two corner points⁷ of R_i are elements of Q_j . It follows that the corner points of R_i are elements of $Q_{j_1} \cup Q_{j_2} \cup Q_j$ for suitable (not necessarily distinct) indices j_1, j_2 . Note however that $j \notin \{j_1, j_2\}$. In this case

$$y(R_i) = c_{j_1} - c_{j_2} - c_j + c_j = c_{j_1} - c_{j_2}.$$

In general, this quantity is non-zero (although it is zero when $j_1 = j_2$, which is tantamount to say that $R_i \subset Q_{j_1} \cup Q_j$). Even so, we note that

$$|y(R_i)| \leq |c_{j_1}| + |c_{j_2}|$$

and again the index j is not required in order to estimate $|y(R_i)|$.

Case 3: There exists j such that precisely one corner point of R_i is an element of Q_j . In this case, for suitable (not necessarily distinct) indices j_1, j_2, j_3 with $j \notin \{j_1, j_2, j_3\}$

$$|y(R_i)| = |c_{j_1} - c_{j_2} - c_{j_3} + c_j| \leq |c_{j_1} - c_{j_2} - c_{j_3}| + |c_j|.$$

In this case, the index j is required to estimate $|y(R_i)|$. (There is still the possibility for cancellation between the other terms. If $j_2 = j_3$ for instance, then $|y(R_i)| \leq |c_{j_1}| + |c_j|$ and indices j_2, j_3 are not required; this corresponds precisely to case 2 applied to Q_{j_2} . Another possibility is that $\{j_1, j_2, j_3\}$ are all distinct in which case $|y(R_i)| \leq |c_{j_1}| + |c_{j_2}| + |c_{j_3}| + |c_j|$ is the best estimate and all four indices j_1, j_2, j_3, j are needed in the estimate.

The moral of this case-by-case consideration is that only those $j \in \phi(i)$ where

$$\phi(i) := \{j : \text{precisely one corner point of } R_i \text{ is an element of } Q_j\}$$

⁷The case that three corner points of R_i are elements of Q_j already implies (rectangles!) that all four corner points of R_i are elements of Q_j . This is covered by Case 1.

are required in estimating $|y(R_i)|$; more precisely,

$$|y(R_i)| \leq \sum_{j \in \phi(i)} |c_j|.$$

Since rectangles (here: R_i) have four corner points it is clear that $\#\phi(i) \leq 4$ where $\#$ denotes the cardinality of a set. Hence

$$|y(R_i)|^{p'} \leq 4^{p'-1} \sum_{j \in \phi(i)} |c_j|^{p'} \equiv 4^{p'-1} \sum_j \phi_{i,j} |c_j|^{p'}$$

where we introduced the matrix $\phi_{i,j}$ with value 1 if $j \in \phi(i)$ and zero else. This allows us to write

$$\begin{aligned} \sum_i |y(R_i)|^{p'} &\leq 4^{p'-1} \sum_i \sum_j \phi_{i,j} |c_j|^{p'} \\ &= 4^{p'-1} \sum_j |c_j|^{p'} \sum_i \phi_{i,j}. \end{aligned}$$

Consider now, for fixed j , the number of rectangles R_i which have precisely one corner point inside Q_j . Obviously, there can be at most 4 rectangles with this property. Hence

$$\sum_i \phi_{i,j} = \#\{i : j \in \phi(i)\} \leq 4.$$

It follows that

$$\sum_i |y(R_i)|^{p'} \leq 4^{p'} \sum_j |c_j|^{p'} = 4^{p'} \sum_j |x(Q_j)|^{(p-1)p'} = 4^{p'} \sum_j |x(Q_j)|^p,$$

where we used that $(p-1)p' = p$. Since (R_i) was an arbitrary partition of $[0, T]^2$ we obtain

$$|y|_{p', \text{var}; [0, T]^2}^{p'} \leq 4^{p'} \sum_i |x(Q_i)|^p,$$

as desired. The proof is finished. □

4 Proof of (iii)

The claim is super-additivity of

$$R \mapsto \sup_{\Pi \in \mathcal{P}(R)} \sum_{A \in \Pi} |f(A)|^p.$$

Assume $\{R_i : 1 \leq i \leq n\}$ constitutes a partition of R . Assume also that Π_i is a partition of R_i for every $1 \leq i \leq n$. Clearly, $\Pi := \cup_{i=1}^n \Pi_i$ is a partition of R and hence

$$\sum_{i=1}^n \sum_{A \in \Pi_i} |f(A)|^p = \sum_{A \in \Pi} |f(A)|^p \leq \omega(R)$$

Now taking the supremum over each of the Π_i gives the desired result.

5 Proof of (iv)

The assumption is that $f : [0, T]^2 \rightarrow \mathbb{R}$ is continuous and of finite controlled p -variation. From (iii),

$$\omega(R) := |f|_{p\text{-var}; R}^p$$

is super-additive as function of R . It is also clear that ω is zero on degenerate rectangles. It remains to be seen that $\omega : \Delta_T \times \Delta_T \rightarrow [0, \infty)$ is continuous.

Lemma 2. *Consider the two (adjacent) rectangles $[a, b] \times [s, t]$ and $[a, b] \times [t, u]$ in $[0, T]^2$. Then,*

$$\begin{aligned} \omega \begin{pmatrix} a, b \\ s, u \end{pmatrix} &\leq \omega \begin{pmatrix} a, b \\ s, t \end{pmatrix} + \omega \begin{pmatrix} a, b \\ t, u \end{pmatrix} \\ &\quad + p2^{p-1} \omega \begin{pmatrix} a, b \\ s, u \end{pmatrix}^{1-1/p} \min \left\{ \omega \begin{pmatrix} a, b \\ t, u \end{pmatrix}, \omega \begin{pmatrix} a, b \\ s, t \end{pmatrix} \right\}^{1/p}. \end{aligned}$$

Proof. From the very definition of $\omega([a, b] \times [s, u])$, it follows that for every fixed $\varepsilon > 0$, there exists a rectangular (not necessarily grid-like) partition of $[a, b] \times [s, u]$, say $\Pi \in \mathcal{P}([a, b] \times [s, u])$, such that

$$\sum_{R \in \Pi} |f(R)|^p > \omega \begin{pmatrix} a, b \\ s, u \end{pmatrix} - \varepsilon.$$

Let us divide Π in $\Pi_l \cup \Pi_m \cup \Pi_r$ where Π_l contains all $R \in \Pi$ such that $R \subset [a, b] \times [s, t]$, Π_r contains all $R \in \Pi : R \subset [a, b] \times [t, u]$ and Π_m contains all remaining rectangles of Π (i.e. the one such that their interior intersect with the line $[a, b] \times [t, t]$). It follows that

$$\sum_{R \in \Pi_l} |f(R)|^p + \sum_{R \in \Pi_m} |f(R)|^p + \sum_{R \in \Pi_r} |f(R)|^p > \omega \begin{pmatrix} a, b \\ s, u \end{pmatrix} - \varepsilon$$

Every $R \in \Pi_m$ can be split into (essentially disjoint) rectangles $R_1 \subset [a, b] \times [s, t]$ and $R_2 \subset [a, b] \times [t, u]$. Set $\Pi_m^1 = \{R_1 : R_1 \in \Pi_m\}$ and Π_m^2 similarly. Note that $\Pi_l \cup \Pi_m^1 \in \mathcal{P}([a, b] \times [s, t])$ and $\Pi_m^2 \cup \Pi_r \in \mathcal{P}([a, b] \times [t, u])$. Then, with

$$\Delta := \sum_{R \in \Pi_m} [|f(R)|^p - |f(R_1)|^p - |f(R_2)|^p]$$

we have

$$\sum_{R \in \Pi_l \cup \Pi_m^1} |f(R)|^p + \sum_{R \in \Pi_m^2 \cup \Pi_r} |f(R)|^p + \Delta > \omega([a, b] \times [s, u]) - \varepsilon$$

and hence, we have

$$\omega \begin{pmatrix} a, b \\ s, t \end{pmatrix} + \omega \begin{pmatrix} a, b \\ t, u \end{pmatrix} + \Delta > \omega \begin{pmatrix} a, b \\ s, u \end{pmatrix} - \varepsilon.$$

We now bound Δ . As $f(R) = f(R_1) + f(R_2)$,

$$\begin{aligned}\Delta &= \sum_{R^j \in \Pi_m} \left| f(R_1^j) + f(R_2^j) \right|^p - \left| f(R_1^j) \right|^p - \left| f(R_2^j) \right|^p \\ &\leq \sum_{R^j \in \Pi_m} \left(\left| f(R_1^j) \right| + \left| f(R_2^j) \right| \right)^p - \left| f(R_1^j) \right|^p - \left| f(R_2^j) \right|^p \\ &\leq \sum_{R^j \in \Pi_m} \left(\left| f(R_1^j) \right| + \left| f(R_2^j) \right| \right)^p - \left| f(R_1^j) \right|^p\end{aligned}$$

If $R^j = [\tau_j, \tau_{j+1}] \times [c, d]$, define $R_3^j = [\tau_j, \tau_{j+1}] \times [s, u]$. Then, quite obviously, we have $\left| f(R_1^j) \right|^p \leq \omega(R_3^j)$ and $\left| f(R_2^j) \right|^p \leq \omega(R_3^j)$. By the mean value theorem, there exists $\theta \in [0, 1]$ such that

$$\begin{aligned}&\left(\left| f(R_1^j) \right| + \left| f(R_2^j) \right| \right)^p - \left| f(R_1^j) \right|^p \\ &= p \left(\left| f(R_1^j) \right| + \theta \left| f(R_2^j) \right| \right)^{p-1} \left| f(R_2^j) \right| \\ &\leq p 2^{p-1} \omega(R_3^j)^{1-1/p} \left| f(R_2^j) \right| \\ &\leq p 2^{p-1} \omega \left(\begin{matrix} \tau_j, \tau_{j+1} \\ s, u \end{matrix} \right)^{1-1/p} \omega \left(\begin{matrix} \tau_j, \tau_{j+1} \\ t, u \end{matrix} \right)^{1/p}.\end{aligned}$$

Hence, summing over j , and using Hölder inequality

$$\begin{aligned}\Delta &\leq p 2^{p-1} \sum_j \omega \left(\begin{matrix} \tau_j, \tau_{j+1} \\ s, u \end{matrix} \right)^{p-1} \omega \left(\begin{matrix} \tau_j, \tau_{j+1} \\ t, u \end{matrix} \right) \\ &\leq p 2^{p-1} \left(\sum_j \omega \left(\begin{matrix} \tau_j, \tau_{j+1} \\ s, u \end{matrix} \right) \right)^{1-1/p} \left(\sum_j \omega \left(\begin{matrix} \tau_j, \tau_{j+1} \\ t, u \end{matrix} \right) \right)^{1/p} \\ &\leq p 2^{p-1} \omega \left(\begin{matrix} a, b \\ s, u \end{matrix} \right)^{1-1/p} \omega \left(\begin{matrix} a, b \\ t, u \end{matrix} \right)^{1/p}\end{aligned}$$

Interchanging the roles of R_1 and R_2 , we also obtain that

$$\Delta \leq p 2^{p-1} \omega \left(\begin{matrix} a, b \\ s, u \end{matrix} \right)^{1-1/p} \omega \left(\begin{matrix} a, b \\ t, u \end{matrix} \right)^{1/p},$$

which concludes the proof. \square

Continuity: ω is a map from $\Delta_T \times \Delta_T \rightarrow [0, \infty)$; the identification of points $((a_1, a_2), (a_3, a_4)) \in \Delta_T \times \Delta_T$ with rectangles in $[0, T]^2$ of the form $A = \begin{pmatrix} a_1, a_2 \\ a_3, a_4 \end{pmatrix} = [a_1, a_2] \times [a_3, a_4]$ is pure

convention. If A is non-degenerate (i.e. $a_1 < a_2, a_3 < a_4$) and $|h| = \max_{i=1}^4 |h_i|$ sufficiently small then

$$A^h := \begin{pmatrix} (a_1 + h_1) \vee 0, (a_2 + h_2) \wedge T \\ (a_3 + h_3) \vee 0, (a_4 + h_4) \wedge T \end{pmatrix}$$

is again a non-degenerate rectangle in $[0, T]^2$. We can then set for $r > 0$, sufficiently small,

$$A^{\circ;r} := A^{(r, -r, r, -r)}, \quad \bar{A}^r := A^{(-r, r, -r, r)}$$

and note that, whenever $|h|$ is small enough to have $A^{\circ;|h|}$ well-defined,

$$A^{\circ;|h|} \subset A \subset \bar{A}^{|h|}, \quad (5.1)$$

$$A^{\circ;|h|} \subset A^h \subset \bar{A}^{|h|}. \quad (5.2)$$

The above definition of A^h (and $A^{\circ;r}, \bar{A}^r$) is easily extended to degenerate A , such that the inclusions (5.1),(5.2) remain valid: For instance, in the case $a_1 = a_2$ we would replace the first line in the definition of A^h by

$$\begin{aligned} & (a_1 + h_1) \vee 0, (a_2 + h_2) \wedge T \text{ if } h_1 \leq 0 \leq h_2 \\ & (a_1 + h_1) \vee 0, a_2 \text{ if } h_1, h_2 \leq 0 \\ & a_1, (a_2 + h_2) \wedge T \text{ if } h_1, h_2 \geq 0 \\ & a_1, a_2 \text{ if } h_1 \geq 0 \geq h_2 \end{aligned}$$

and similarly in the case $a_3 = a_4$. We will prove that, for any rectangle $A \subset [0, T]^2$,

$$\omega(A^h) \rightarrow \omega(A) \text{ as } |h| \downarrow 0.$$

This end we can and will consider $|h|$ is small enough to have $A^{\circ;|h|}$ (and thus $A^h, \bar{A}^{|h|}$) well-defined. By monotonicity of ω , it follows that

$$\omega(A^{\circ;|h|}) \leq \omega(A^h) \leq \omega(\bar{A}^{|h|})$$

and the limits,

$$\omega^\circ(A) : = \lim_{r \downarrow 0} \omega(A^{\circ;r}) \leq \omega(A), \quad (5.3)$$

$$\bar{\omega}(A) : = \lim_{r \downarrow 0} \omega(\bar{A}^r) \geq \omega(A),$$

exist since $\omega(A^{\circ;r})$ [resp. $\omega(\bar{A}^r)$] are bounded from above [resp. below] and increasing [resp. decreasing] as $r \downarrow 0$. It follows that

$$\omega^\circ(A) \leq \underline{\lim}_{|h| \downarrow 0} \omega(A^h) \leq \overline{\lim}_{|h| \downarrow 0} \omega(A^h) \leq \bar{\omega}(A).$$

The goal is now to show that $\omega^\circ(A) = \omega(A)$ ("inner continuity") and $\bar{\omega}(A) = \omega(A)$ ("outer continuity") since this implies that $\underline{\lim} \omega(A^h) = \overline{\lim} \omega(A^h) = \omega(A)$, which is what we want.

Inner continuity: We first show that ω° is super-additive in the sense of definition 2. To this end, consider $\{R_i\} \in \mathcal{P}(R)$, some rectangle $R \subset [0, T]^2$. For r small enough, the rectangles

$$\{R_i^{0,r}\}$$

are well-defined and essentially disjoint. They can be completed to a partition of $R^{0,r}$ and hence, by super-additivity of ω ,

$$\sum_i \omega(R_i^{0,r}) \leq \omega(R^{0,r});$$

sending $r \downarrow 0$ yields the desired super-additivity of ω° ;

$$\sum_i \omega^\circ(R_i) \leq \omega^\circ(R).$$

On the other hand, continuity of f on $[0, T]^2$ implies

$$\begin{aligned} |f(A)|^p &\leq |f(A^{0,r})|^p + o(1) \\ &\leq \omega(A^{0,r}) + o(1) \text{ as } r \downarrow 0 \end{aligned}$$

and hence $|f(A)|^p \leq \omega^\circ(A)$, for any rectangle $A \subset [0, T]^2$. Using super-additivity of ω° immediately gives

$$\omega(R) \stackrel{\text{by def.}}{=} \sup_{\Pi \in \mathcal{P}(R)} \sum_{A \in \Pi} |f(A)|^p \leq \omega^\circ(R);$$

together with (5.3) we thus have $\omega(R) = \omega^\circ(R)$. Since R was an arbitrary rectangle in $[0, T]^2$ inner continuity is proved.

Outer continuity: We assume $A \subset (0, T)^2$ (i.e. $0 < a_1 \leq a_2 < T, 0 < a_3 \leq a_4 < T$) and take $r > 0$ small enough so that

$$\bar{A}^r = \begin{pmatrix} a_1 - r, a_2 + r \\ a_3 - r, a_4 + r \end{pmatrix};$$

the general case $A \subset [0, T]^2$ is handled by a (trivial) adaption of the argument for the remaining cases (i.e. $a_1 = 0$ or $a_2 = T$ or $a_3 = 0$ or $a_4 = T$). We first note that

$$\begin{aligned} \omega(\bar{A}^r) - \omega(A) &= \omega \begin{pmatrix} a_1 - r, a_2 + r \\ a_3 - r, a_4 + r \end{pmatrix} - \omega \begin{pmatrix} a_1, a_2 \\ a_3, a_4 \end{pmatrix} \\ &\leq \left| \omega \begin{pmatrix} a_1 - r, a_2 + r \\ a_3 - r, a_4 + r \end{pmatrix} - \omega \begin{pmatrix} a_1 - r, a_2 \\ a_3 - r, a_4 + r \end{pmatrix} \right| \\ &\quad + \left| \omega \begin{pmatrix} a_1 - r, a_2 \\ a_3 - r, a_4 + r \end{pmatrix} - \omega \begin{pmatrix} a_1, a_2 \\ a_3 - r, a_4 + r \end{pmatrix} \right| \\ &\quad + \left| \omega \begin{pmatrix} a_1, a_2 \\ a_3 - r, a_4 + r \end{pmatrix} - \omega \begin{pmatrix} a_1, a_2 \\ a_3, a_4 + r \end{pmatrix} \right| \\ &\quad + \left| \omega \begin{pmatrix} a_1, a_2 \\ a_3, a_4 + r \end{pmatrix} - \omega \begin{pmatrix} a_1, a_2 \\ a_3, a_4 \end{pmatrix} \right| \end{aligned}$$

Now we use lemma 2; with

$$\Delta := \left| \omega \begin{pmatrix} a_1 - r, a_2 + r \\ a_3 - r, a_4 + r \end{pmatrix} - \omega \begin{pmatrix} a_1 - r, a_2 \\ a_3 - r, a_4 + r \end{pmatrix} \right|$$

we have

$$\begin{aligned} \Delta &\leq \omega \left(\begin{array}{c} a_2, a_2 + r \\ a_3 - r, a_4 + r \end{array} \right) + c \omega([0, T]^2)^{1-1/p} \omega \left(\begin{array}{c} a_2, a_2 + r \\ a_3 - r, a_4 + r \end{array} \right)^{1/p} \\ &\leq \omega \left(\begin{array}{c} a_2, a_2 + r \\ 0, T \end{array} \right) + c \omega([0, T]^2)^{1-1/p} \omega \left(\begin{array}{c} a_2, a_2 + r \\ 0, T \end{array} \right)^{1/p}, \end{aligned}$$

and similar inequalities for the other three terms in our upper estimate on $\omega(\bar{A}^r) - \omega(A)$ above. So it only remains to prove that for $a \in (0, T)$

$$\omega \left(\begin{array}{c} a, a + r \\ 0, T \end{array} \right), \omega \left(\begin{array}{c} a - r, a \\ 0, T \end{array} \right), \omega \left(\begin{array}{c} 0, T \\ a, a + r \end{array} \right), \text{ and } \omega \left(\begin{array}{c} 0, T \\ a - r, a \end{array} \right)$$

converge to 0 when r tends to 0. But this is easy; using super-additivity of ω and inner-continuity we see that

$$\begin{aligned} \omega \left(\begin{array}{c} a, a + r \\ 0, T \end{array} \right) &\leq \omega \left(\begin{array}{c} a, T \\ 0, T \end{array} \right) - \omega \left(\begin{array}{c} a + r, T \\ 0, T \end{array} \right) \\ &\rightarrow 0 \text{ as } r \downarrow 0. \end{aligned}$$

Other expressions are handled similarly and our proof of outer continuity is finished.

6 Appendix

6.1 Young and Young-Towghi discrete inequalities

6.1.1 One dimensional case.

Consider a dissection $D = (0 = t_0, \dots, t_n = T) \in \mathcal{D}([0, T])$. We define the "discrete integral" between $x, y : [0, T] \rightarrow \mathbb{R}$ as

$$I^D = \int_D y dx = \sum_{i=1}^n y_{t_i} x_{t_{i-1}, t_i}.$$

Lemma 3. *Let $p, q \geq 1$, assume that $\theta = 1/p + 1/q > 1$. Assume $x, y : [0, T] \rightarrow \mathbb{R}$ are finite p - resp. q -variation. Then there exists $t_{i_0} \in D \setminus \{0, T\}$ (equivalently: $i_0 \in \{1, \dots, n-1\}$) such that*

$$\left| \int_D y dx - \int_{D \setminus \{t_{i_0}\}} y dx \right| \leq \frac{1}{(n-1)^\theta} |x|_{p\text{-var}, [0, T]} |y|_{q\text{-var}, [0, T]}$$

Iterated removal of points in the dissection, using the above lemma, leads immediately to Young's maximal inequality which is the heart of the Young's integral construction.

Theorem 2 (Young's Maximal Inequality). *Let $p, q \geq 1$, assume that $\theta = 1/p + 1/q > 1$, and consider two paths x, y from $[0, T]$ into \mathbb{R} of finite p -variation and q -variation, with $y_0 = 0$. Then*

$$\left| \int_D y dx \right| \leq (1 + \zeta(\theta)) |x|_{p\text{-var};[0,T]} |y|_{q\text{-var};[0,T]}$$

and this estimate is uniform over all $D \in \mathcal{D}([0, T])$.

Proof. Iterative removal of " i_0 " gives, thanks to lemma 3,

$$\begin{aligned} \left| \int_D y dx - \int_{\{0,T\}} y dx \right| &\leq \sum_{n \geq 2} \frac{1}{(n-1)^\theta} |x|_{p\text{-var};[0,T]} |y|_{q\text{-var};[0,T]} \\ &\leq \zeta(\theta) |x|_{p\text{-var};[0,T]} |y|_{q\text{-var};[0,T]} \end{aligned}$$

Finally, $\int_{\{0,T\}} y dx = y_T x_{0,T} = y_{0,T} x_{0,T}$ since $y_{0,T} = y_T - y_0$ and $y_0 = 0$ and hence

$$\left| \int_{\{0,T\}} y dx \right| = |y_{0,T} x_{0,T}| \leq |x|_{p\text{-var};[0,T]} |y|_{q\text{-var};[0,T]}$$

and we conclude with the triangle inequality. □

Proof. (**Lemma 3**) Observe that, for any $t_i \in D \setminus \{0, T\}$ with $1 \leq i \leq n-1$

$$I^D - I^{D \setminus \{t_i\}} = y_{t_i, t_{i+1}} x_{t_{i-1}, t_i}$$

We pick t_{i_0} to make this difference as small as possible:

$$\left| I^D - I^{D \setminus \{t_{i_0}\}} \right| \leq \left| I^D - I^{D \setminus \{t_i\}} \right| \text{ for all } i \in \{1, \dots, n-1\}$$

As an elementary consequence, we have

$$\left| I^D - I^{D \setminus \{t_{i_0}\}} \right|^{\frac{1}{\theta}} \leq \frac{1}{n-1} \sum_{i=1}^{n-1} \left| I^D - I^{D \setminus \{t_i\}} \right|^{1/\theta}.$$

The plan is to get an estimate on $\sum_{i=1}^{n-1} \left| I^D - I^{D \setminus \{t_i\}} \right|^{1/\theta}$ independent of n . In fact, we shall see that

$$\sum_{i=1}^{n-1} \left| I^D - I^{D \setminus \{t_i\}} \right|^{1/\theta} \leq |x|_{p\text{-var};[0,T]}^{1/\theta} |y|_{q\text{-var};[0,T]}^{1/\theta} \tag{6.1}$$

and the desired estimate

$$\left| I^D - I^{D \setminus \{t_{i_0}\}} \right| \leq \left(\frac{1}{n-1} \right)^\theta |x|_{p\text{-var};[0,T]} |y|_{q\text{-var};[0,T]}$$

follows. It remains to establish (6.1); thanks to Hölder's inequality, using $1/(q\theta) + 1/(p\theta) = 1$,

$$\begin{aligned} \sum_{i=1}^{n-1} \left| I^D - I^{D \setminus \{t_i\}} \right|^{1/\theta} &= \left(\sum_{i=1}^{n-1} |y_{t_i, t_{i+1}}|^{1/\theta} |x_{t_{i-1}, t_i}|^{1/\theta} \right)^\theta \\ &\leq \left(\sum_{i=1}^{m-1} |y_{t_i, t_{i+1}}|^q \right)^{\frac{1}{q\theta}} \left(\sum_{i=1}^{n-1} |x_{t_{i-1}, t_i}|^p \right)^{\frac{1}{p\theta}} \\ &\leq |x|_{p\text{-var}, [0, T]}^{1/\theta} |y|_{q\text{-var}, [0, T]}^{1/\theta}. \end{aligned}$$

and we are done. \square

6.1.2 Young-Towghi maximal inequality (2D)

We now consider the two-dimensional case. To this end, fix two dissections $D = (0 = t_0, \dots, t_n = T)$ and $D' = (0 = t'_0, \dots, t'_m = T)$, and define the discrete integral between $x, y : [0, T]^2 \rightarrow \mathbb{R}$ as

$$I^{D, D'} = \int_{D \times D'} y dx := \sum_i \sum_j y \left(\begin{matrix} t_i \\ t'_j \end{matrix} \right) x \left(\begin{matrix} t_{i-1}, t_i \\ t'_{j-1}, t'_j \end{matrix} \right). \quad (6.2)$$

Lemma 4. *Let $p, q \geq 1$, assume that $\theta = 1/p + 1/q > 1$. Assume $x, y : [0, T]^2 \rightarrow \mathbb{R}$ are finite p - resp. q -variation. Then there exists $t_{i_0} \in D \setminus \{0, T\}$ (equivalently: $i_0 \in \{1, \dots, n-1\}$) such that for every $\alpha \in (1, \theta)$,*

$$\left| \int_{D \times D'} dx - \int_{D \setminus \{t_{i_0}\} \times D'} y dx \right| \leq \left(\frac{1}{n-1} \right)^\alpha \left(1 + \zeta \left(\frac{\theta}{\alpha} \right) \right)^\alpha V_p(x; [0, T]^2) V_q(y; [0, T]^2)$$

Iterative removal of " i_0 " leads to Young-Towghi's maximal inequality.

Theorem 3 (Young-Towghi Maximal Inequality). *Let $p, q \geq 1$, assume that $\theta = 1/p + 1/q > 1$, and consider $x, y : [0, T]^2 \rightarrow \mathbb{R}$ of finite p - resp. q -variation and $y(0, \cdot) = y(\cdot, 0) = 0$. Then, for every $\alpha \in (1, \theta)$,*

$$\left| \int_{D \times D'} y dx \right| \leq \left[\left(1 + \zeta \left(\frac{\theta}{\alpha} \right) \right)^\alpha \zeta(\alpha) + (1 + \zeta(\theta)) \right] V_p(x; [0, T]^2) V_q(y; [0, T]^2)$$

and this estimate is uniform over all $D, D' \in \mathcal{D}([0, T])$

Proof. Iterative removal of " i_0 " gives

$$\begin{aligned} \left| \int_{D \times D'} y dx - \int_{\{0, T\} \times D'} y dx \right| &\leq \sum_{n \geq 2} \left(\frac{1}{n-1} \right)^\alpha \left(1 + \zeta \left(\frac{\theta}{\alpha} \right) \right)^\alpha V_p(x; [0, T]^2) V_q(y; [0, T]^2) \\ &\leq \zeta(\alpha) \left(1 + \zeta \left(\frac{\theta}{\alpha} \right) \right)^\alpha V_p(x; [0, T]^2) V_q(y; [0, T]^2). \end{aligned}$$

It only remains to bound

$$\int_{\{0,T\} \times D'} y dx = \sum_j y \begin{pmatrix} T \\ t'_j \end{pmatrix} x \begin{pmatrix} 0, T \\ t'_{j-1}, t'_j \end{pmatrix} = \int_{D'} y \begin{pmatrix} 0, T \\ \cdot \end{pmatrix} dx \begin{pmatrix} 0, T \\ \cdot \end{pmatrix}$$

where we used $y \begin{pmatrix} 0 \\ \cdot \end{pmatrix} = 0$ in the last equality. From Young's 1D maximal inequality, we have

$$\begin{aligned} \left| \int_{\{0,T\} \times D'} y dx \right| &\leq (1 + \zeta(\theta)) \left| y \begin{pmatrix} 0, T \\ 0, \cdot \end{pmatrix} \right|_{q\text{-var}, [0, T]} \left| x \begin{pmatrix} 0, T \\ 0, \cdot \end{pmatrix} \right|_{p\text{-var}, [0, T]} \\ &\leq (1 + \zeta(\theta)) V_p(x; [0, T]^2) V_q(y; [0, T]^2) \end{aligned}$$

The triangle inequality allows us to conclude. □

Proof. (**Lemma 4**) Observe that, for any $t_i \in D \setminus \{0, T\}$

$$\begin{aligned} I^{D, D'} - I^{D \setminus \{t_i\}, D'} &= \int_{D'} y \begin{pmatrix} t_i, t_{i+1} \\ \cdot \end{pmatrix} x \begin{pmatrix} t_{i-1}, t_i \\ \cdot \end{pmatrix} \\ &= \int_{D'} y \begin{pmatrix} t_i, t_{i+1} \\ 0, \cdot \end{pmatrix} x \begin{pmatrix} t_{i-1}, t_i \\ \cdot \end{pmatrix} \end{aligned}$$

where we used $y \begin{pmatrix} \cdot \\ 0 \end{pmatrix} = 0$. We pick t_{i_0} to make this difference as small as possible:

$$\left| I^{D, D'} - I^{D \setminus \{t_{i_0}\}, D'} \right| \leq \left| I^{D, D'} - I^{D \setminus \{t_i\}, D'} \right| \text{ for all } i \in \{1, \dots, n-1\}$$

As an elementary consequence,

$$\left| I^{D, D'} - I^{D \setminus \{t_{i_0}\}, D'} \right|^{1/\alpha} \leq \frac{1}{n-1} \sum_{i=1}^{n-1} \left| I^{D, D'} - I^{D \setminus \{t_i\}, D'} \right|^{1/\alpha}. \quad (6.3)$$

The plan is to get an estimate on $\sum_{i=1}^{n-1} \left| I^{D, D'} - I^{D \setminus \{t_i\}, D'} \right|^{1/\alpha}$ independent of n and uniformly in $D' \in \mathcal{D}([0, T])$; in fact, we shall see that

$$\Delta^{D, D'} := \sum_{i=1}^{n-1} \left| I^{D, D'} - I^{D \setminus \{t_i\}, D'} \right|^{1/\alpha} \leq c V_p(x; [0, T]^2)^{1/\alpha} V_q(y; [0, T]^2)^{1/\alpha} \quad (6.4)$$

with $c = 1 + \zeta\left(\frac{\theta}{\alpha}\right)$ and the desired estimate

$$\left| I^D - I^{D \setminus \{t_{i_0}\}} \right| \leq \left(\frac{c}{n-1} \right)^\alpha V_p(x; [0, T]^2) V_q(y; [0, T]^2)$$

follows. It remains to establish (6.4); to this end we consider the removal of $t'_j \in D' \setminus \{0, T\}$ from D' and note that

$$\left(I^{D, D'} - I^{D \setminus \{t_i\}, D'} \right) - \left(I^{D, D' \setminus \{t'_j\}} - I^{D \setminus \{t_i\}, D' \setminus \{t'_j\}} \right) = y \begin{pmatrix} t_i, t_{i+1} \\ t'_j, t'_{j+1} \end{pmatrix} x \begin{pmatrix} t_{i-1}, t_i \\ t'_{j-1}, t'_j \end{pmatrix}$$

Using the elementary inequality $|a|^{1/\alpha} - |b|^{1/\alpha} \leq |a - b|^{1/\alpha}$ valid for $a, b \in \mathbb{R}$ and $\alpha \geq 1$ we have

$$\begin{aligned} & \left| I^{D,D'} - I^{D \setminus \{t_i\}, D'} \right|^{1/\alpha} - \left| I^{D, D' \setminus \{t'_j\}} - I^{D \setminus \{t_i\}, D' \setminus \{t'_j\}} \right|^{1/\alpha} \\ & \leq \left| \left(I^{D,D'} - I^{D \setminus \{t_i\}, D'} \right) - \left(I^{D, D' \setminus \{t'_j\}} - I^{D \setminus \{t_i\}, D' \setminus \{t'_j\}} \right) \right|^{1/\alpha}. \end{aligned}$$

Hence, summing over i , we get

$$\begin{aligned} & \Delta^{D,D'} - \Delta^{D, D' \setminus \{t'_j\}} \\ & \leq \sum_{i=1}^{n-1} \left| \left(I^{D,D'} - I^{D \setminus \{t_i\}, D'} \right) - \left(I^{D, D' \setminus \{t'_j\}} - I^{D \setminus \{t_i\}, D' \setminus \{t'_j\}} \right) \right|^{1/\alpha} \\ & = \sum_{i=1}^{n-1} \left| y \begin{pmatrix} t_i, t_{i+1} \\ t'_j, t'_{j+1} \end{pmatrix} \right|^{1/\alpha} \left| x \begin{pmatrix} t_{i-1}, t_i \\ t'_{j-1}, t'_j \end{pmatrix} \right|^{1/\alpha} \\ & \leq \left(\sum_{i=1}^{n-1} \left| y \begin{pmatrix} t_i, t_{i+1} \\ t'_j, t'_{j+1} \end{pmatrix} \right|^{\theta q/\alpha} \right)^{\frac{1}{\theta q}} \left(\sum_{i=1}^{n-1} \left| x \begin{pmatrix} t_{i-1}, t_i \\ t'_{j-1}, t'_j \end{pmatrix} \right|^{\theta p/\alpha} \right)^{\frac{1}{\theta p}} \\ & \leq \left(\sum_{i=1}^{n-1} \left| y \begin{pmatrix} t_i, t_{i+1} \\ t'_j, t'_{j+1} \end{pmatrix} \right|^q \right)^{\frac{1}{\alpha q}} \left(\sum_{i=1}^{n-1} \left| x \begin{pmatrix} t_{i-1}, t_i \\ t'_{j-1}, t'_j \end{pmatrix} \right|^p \right)^{\frac{1}{\alpha p}}; \end{aligned} \tag{6.5}$$

in the last step we used that the $\ell^{\theta p/\alpha}$ norm on \mathbb{R}^{n-1} is dominated by the ℓ^p norm (because $\theta p/\alpha > p$). It follows that

$$\Delta^{D,D'} - \Delta^{D, D' \setminus \{t'_j\}} \leq Y_j^{1/\alpha} X_j^{1/\alpha} \tag{6.6}$$

where

$$Y_j := \left(\sum_{i=1}^{n-1} \left| y \begin{pmatrix} t_i, t_{i+1} \\ t'_j, t'_{j+1} \end{pmatrix} \right|^q \right)^{\frac{1}{q}}, \quad X_j := \left(\sum_{i=1}^{n-1} \left| x \begin{pmatrix} t_{i-1}, t_i \\ t'_{j-1}, t'_j \end{pmatrix} \right|^p \right)^{\frac{1}{p}}$$

We pick $t'_{j_0} \in D' \setminus \{0, T\}$ (i.e. $1 \leq j_0 \leq m-1$) to make this difference as small as possible,

$$\Delta^{D,D'} - \Delta^{D, D' \setminus \{t'_{j_0}\}} \leq \Delta^{D,D'} - \Delta^{D, D' \setminus \{t'_j\}} \text{ for all } j \in \{1, \dots, m-1\};$$

we shall see below that

$$\left| \Delta^{D,D'} - \Delta^{D, D' \setminus \{t'_{j_0}\}} \right| \leq \left(\frac{1}{m-1} \right)^{\frac{\theta}{\alpha}} V_p(x; [0, T]^2)^{1/\alpha} V_q(y; [0, T]^2)^{1/\alpha}; \tag{6.7}$$

iterated removal of " j_0 " yields

$$\Delta^{D,D'} \leq \Delta^{D, \{0, T\}} + \zeta \left(\frac{\theta}{\alpha} \right) V_p(x, [0, T]^2)^{1/\alpha} V_q(y, [0, T]^2)^{1/\alpha};$$

as in (6.5) we estimate

$$\Delta^{D, \{0, T\}} = \sum_{i=1}^{n-1} \left| y \begin{pmatrix} t_i, t_{i+1} \\ 0, T \end{pmatrix} x \begin{pmatrix} t_{i-1}, t_i \\ 0, T \end{pmatrix} \right|^{1/\alpha} \leq \dots \leq V_p(x, [0, T]^2)^{1/\alpha} V_q(y, [0, T]^2)^{1/\alpha}$$

and (6.4) follows, as desired. The only thing left is to establish (6.7). Using (6.6) we can write

$$\begin{aligned}
\Delta^{D,D'} - \Delta^{D,D' \setminus \{t'_{j_0}\}} &\leq \left(\prod_{j=1}^{m-1} \Delta^{D,D'} - \Delta^{D,D' \setminus \{t'_j\}} \right)^{\frac{1}{m-1}} \\
&\leq \left(\prod_{j=1}^{m-1} X_j^{1/\alpha} Y_j^{1/\alpha} \right)^{\frac{1}{m-1}} \\
&= \left(\prod_{j=1}^{m-1} X_j^p \right)^{\frac{1}{m-1} \frac{1}{\alpha p}} \left(\prod_{j=1}^{m-1} Y_j^q \right)^{\frac{1}{m-1} \frac{1}{\alpha q}}.
\end{aligned}$$

Using the geometric/arithmetic inequality, we obtain

$$\begin{aligned}
\left(\prod_{j=1}^{m-1} X_j^p \right)^{\frac{1}{m-1} \frac{1}{\alpha p}} &\leq \left(\frac{1}{m-1} \sum_{j=1}^{m-1} X_j^p \right)^{\frac{1}{\alpha p}} \\
&\leq \left(\frac{1}{m-1} \right)^{\frac{1}{\alpha p}} \left(\sum_{j=1}^{m-1} \sum_{i=1}^{n-1} \left| x \left(\begin{array}{c} t_{i-1}, t_i \\ t'_{j-1}, t'_j \end{array} \right) \right|^p \right)^{\frac{1}{\alpha p}} \\
&\leq \left(\frac{1}{m-1} \right)^{\frac{1}{\alpha p}} V_p(x, [0, T]^2)^{1/\alpha}.
\end{aligned}$$

and, similarly,

$$\left(\prod_{j=1}^{m-1} Y_j^q \right)^{\frac{1}{m-1} \frac{1}{\alpha q}} \leq \left(\frac{1}{m-1} \right)^{\frac{1}{\alpha q}} V_q(y, [0, T]^2)^{1/\alpha}.$$

Using $\frac{1}{\alpha p} + \frac{1}{\alpha q} = \frac{\theta}{\alpha}$, we thus arrive at

$$\Delta^{D,D'} - \Delta^{D,D' \setminus \{t'_{j_0}\}} \leq \left(\frac{1}{m-1} \right)^{\frac{\theta}{\alpha}} V_p(x, [0, T]^2)^{1/\alpha} V_q(y, [0, T]^2)^{1/\alpha}$$

which is precisely the claimed estimate (6.7). □

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